



## AMT<sup>®</sup> 885 Adaptive Motion Trainer<sup>®</sup> with Open Stride<sup>™</sup>

Like every piece of equipment in our Experience™ Series 880 Line, the AMT\* 885 combines essential reliability and ease-of-use with smooth, flowing, and precise motion to add value to your facility. The AMT with Open Stride™ is the only variable stride cardio equipment with adjustable step height, allowing exercisers to train in a variety of stride paths, including running, jogging, and stepping. With one piece of equipment that creates an array of movement patterns, you can maximize valuable floor space and help exercisers stay engaged in their workouts. The clean and proven design of the P82 touch screen console makes it easy for exercisers, whether new to Precor or familiar, to locate controls, inputs, and adjustments. The user interface delivers touch screen responsiveness to swipes and selections as exercisers enjoy an uninterrupted workout.

At Precor, we recognize that a great workout is the sum of many parts. In your hands, the products, services, and technologies we offer can be combined in countless ways to complement the programs and atmosphere you're creating.





©2018 Precor Incorporateo

# AMT<sup>®</sup> 885 Adaptive Motion Trainer<sup>®</sup> with Open Stride<sup>™</sup>

### **Product Features**

#### 1. Console

The P82 console not only offers a brilliant 15 in / 38.1 cm screen that is ergonomically positioned to deliver crystal-clear entertainment viewing for exercisers in motion, but when networked, is also a direct-to-exerciser communication portal allowing you an opportunity to build your brand, share information about activities and services, and strengthen the sense of community within your facility.

#### 2. Open Stride™

Open Stride<sup>™</sup> is a unique feature that allows exercisers not only to dynamically adapt their stride length from zero to 36 inches (0 to 91 cm), but also to adjust their stride height from 6.8 to 10 in (17 to 25 cm), providing an infinite range of stride paths to engage several muscle groups. Open Stride<sup>™</sup> can be adjusted from level 1 to 5 with the tactile motion controls.

#### 3. Handlebars Fit Everyone

The tapered moving handlebars provide a comfortable fit for nearly every exerciser. The stationary grip has a heart rate sensor built-in that provides monitoring and a stable, comfortable position when focusing on the lower body.

#### 4. Total Body Workout in One Piece of Equipment

Exercisers can go from short stride to long stride, walking to running, and climbing to striding, allowing them to target different muscle groups. Pushing and pulling the moving handlebars will engage the upper body, resulting in a total body workout.



### SPECIFICATIONS

Dimensions (L x W x H):	80 x 35 x 73 in / 203 x 89 x 186 cm	Networ
Equipment Weight:	422 lb / 191 kg	E
Power:	120 volt, 15 amp circuit	
Total Workouts:	12	
Resistance Levels:	20	
Adjustable Stride Length:	0 - 36 in / 0 - 91 cm	
Adjustable Stride Height:	6.8 - 10 in / 17 - 25 cm (Five levels)	
Language:	English, Chinese, Danish, Dutch, French, Finnish, German, Italian, Japanese, Korean, Norwegian, Polish, Portuguese, Russian, Spanish, Swedish, Turkish	* The he accura use as

Network Capabilities:	Preva™ network capable
Entertainment:	15 in / 38.1 cm LCD Capacitive Touch Screen Mobile Device Charger and Audio Jack
Accessories:	Integrated Reading Rack Optional - Cable Management
Warranty:	Visit www.precor.com for warranty terms.

\* The heart rate feature is intended for reference only. They may not be accurate for every user or at every intensity and are not intended for use as a medical device.



Learn More: go.precor.com/amt885